

# ROOKIE NEWSLETTER FEB 2012

Hi Rookies and Parents,

The Competition part of the surf life saving season is coming to a peak with Ocean Athletes this weekend, but there is still almost 2 months of patrolling to go.

## **PATROLS:**

Those of you who we have not seen much on patrol there is still plenty of time. I will send out the Patrol roster again.

## **UPCOMING EVENTS:**

- **Orewa Surf Lifesaving Day.** Sunday March 11th. 10 AM to 5 PM (+ ? BBQ with parents).

This day will involve showing to C Group what the Senior part of the Club has to offer, then some Life Guard training for the Rookie Challenge.

- **Rookie Challenge Day:** Saturday March 24th. 8 AM to about 3PM, Omaha

The Rookie Challenge is an interclub competition that involves teams of 5 (3 boys and 2 girls). The teams compete in: a teams surf race, a board rescue relay, a tube rescue relay, a 20 mcq exam, a Lifeguard scenario, doing CPR and placing a patient in recovery position.

This is a great fun day for Rookies and parents.

Hopefully, we will have 4 teams, so please check on your availability, so I can chose some teams.

Good Luck for those going to Ocean Athletes.

For those who are not going, I will see you at the club on Sunday 26th Feb at 10AM.

**Mark Johnston**  
**Rookie Coordinator**